FORM NO. MGT – 7

(Pursuant to sub-section (1) of Section 92 of the Companies Act, 2013 and sub-rule (1) of rule 11 of the Companies (Management and Administration) Rules, 2014

ANNUAL RETURN

I.	REGISTRATION AND OTHER DETAIL	LS:		
(i)	Corporate Identification Number ((CIN) of the Company	U749	99KA2019NPL124189
	Global Location Number (GLN) of	the Company		
	Permanent Account Number (PAN	I) of the Company	AASC	A2671C
(ii)	(a) Name of the Company (b) Registered Office Address		(FOR	TARURMIKA HEALTH SYSTEMS MERLY KNOWN AS AASTARURMIKA TH SYSTEMS PRIVATE LIMITED)
	,, ,		12th	/J, Third Floor, 10th Cross, Main, 3rd Block, Koramangala, alore – 560 034, Karnataka
	(c) e – mail ID of the Company		infor	mation@aastrika.org
	(d) Telephone Number with STD C	code	080-4	19799373
	(e)Website		www	r.aastrika.org
(iii)	Date of incorporation		09/0	5/2019
(iv)	Type of Company			
	Type of Company	Category of the Compa	ny	Sub-Category of the Company
	Private Company	Company limited by sha	ires	Indian Non-Government Company
(v)	Whether Company is having share	e capital	Y	es O No
(vi)	Whether shares listed on recogniz	ed stock exchange(s)	O Y	es No
(vii)	Financial Year From date 01/04/	2022 (DD/MM/YYYY)	To date	31/03/2023
(viii)	Whether Annual General Meeting	(AGM) held	Yes	O No
	(a) If Yes, date of AGM			
	(b) Due date of AGM			
	(c) Whether any extension for AG	GM Granted O	Yes	O No
	(d) If yes, the Service Request Nu	ımber (SRN) of the applica	ation for	m filed of extension
	(e) Extended due date of AGM af	ter grant of extension		

II. PRINCIPAL BUSINESS ACTIVITIES OF THE COMPANY

Number of business activities: 1

SI	Main Activity	Description of Main	Business	Description of business activity	% of turnover of the
No.	group code	Activity group	activity code	Description of business activity	Company
1.	М	Professional, Scientific and Technical	M9	Other professional, scientific and technical activities	100

III. PARTICULARS OF HOLDING, SUBSIDIARY AND ASSOCIATE COMPANIES (INCLUDING JOINT VENTURES)

No. of Companies for which information is to be given: 0

S. No	Name of the Company	CIN/FCRN	Holding/ Subsidiary/ Associate / Joint Venture	% of shares held
1				

IV. SHARE CAPITAL, DEBENTURES AND OTHER SECURITIES OF THE COMPANY

i) SHARE CAPITAL

(a) Equity share capital

Particulars	Authorized Share Capital	Issued Capital	Subscribed Capital	Paid up Capital
Total number of Equity Shares	1,00,000	99,775	99,775	99,775
Total amount of Equity Shares (in Rupees)	100,000,000	99,775,000	99,775,000	99,775,000

Number of classes: 1

Class of Shares: Equity Shares	Authorized Share Capital	Issued Capital	Subscribed Capital	Paid up Capital
Number of Equity shares	1,00,000	99,775	99,775	99,775
Nominal Value per share (in rupees)	1,000	1,000	1,000	1,000
Total Amount of equity shares (in rupees)	100,000,000	99,775,000	99,775,000	99,775,000

(b) Preference Share capital

Particulars	Authorized Share Capital	Issued Capital	Subscribed Capital	Paid up Capital
Total number of Preference Shares	0	0	0	0
Total amount of Preference Shares (in Rupees)	0	0	0	0

Number of classes: 0

Class of Shares:	Authorized Share Capital	Issued Capital	Subscribed Capital	Paid up Capital
Number of preference shares				
Nominal Value per share (in				
rupees)				
Total Amount of Preference				
Share (in rupees)				

(c) Unclassified share capital

Particulars	Authorised capital
Total Amount of unclassified shares	0

(d) Break - up of paid-up share capital:

Class of Shares	N	No. of shares		Total nominal	Total Paid-up	Total
	Physical	DEMAT	Total	amount	amount	Premium
Equity Shares: -						
At the beginning of the year	99,775	0	99,775	9,97,75,000	9,97,75,000	0
Increase during the year	0	0	0	0	0	0
i. Public Issue	0	0	0	0	0	0
ii. Rights issue	0	0	0	0	0	0
iii. Bonus issue	0	0	0	0	0	0
iv. Private Placement / Preferential Allotment	0	0	0	0	0	0
v. ESOPs	0	0	0	0	0	0
vi. Sweat Equity shares allotted	0	0	0	0	0	0
vii. Conversion of Preference shares	0	0	0	0	0	0
viii. Conversion of Debentures	0	0	0	0	0	0
ix. GDR / ADR	0	0	0	0	0	0
x. Others, please specify:	0	0	0	0	0	0
Decrease during the year	0	0	0	0	0	0
i. Buy-back of shares	0	0	0	0	0	0
ii. Shares forfeited	0	0	0	0	0	0
iii. Reduction of share capital	0	0	0	0	0	0
v. Others, please specify:	0	0	0	0	0	0
At the end of the year	99,775	0	99,775	9,97,75,000	9,97,75,000	0
Preference shares						
At the beginning of the year	0	0	0	0	0	0
Increase during the year	0	0	0	0	0	0
i. Issue of shares	0	0	0	0	0	0
ii. Re-issue of forfeited shares	0	0	0	0	0	0
iii. Other, specify:	0	0	0	0	0	0
Decrease during the year						
i. Redemption of shares	0	0	0	0	0	0
ii. Shares forfeited	0	0	0	0	0	0
iii. Reduction of share capital	0	0	0	0	0	0
iv. Others, specify:	0	0	0	0	0	0
At the end of the year	0	0	0	0	0	0

ISIN of the Equity Shares of the Company:		
(ii) Details of stock split / consolidation during	ng the year (for each class of shares):-	0

Class of shares		(i)	(ii)	(iii)
Before split /	Number of shares			
consolidation	Face value per share			

After split /	Number of sh	nares				
consolidation	Face value pe					
iii) Details of shares / return at any time				financial year (o	r in the case of the f	irst
Nil						
Separate sheet	attached for dist of transf	details of trans er exceeds 10	, option for subr		parate sheet attach	ment or
Date of the prev	vious annual g	eneral meeting	30/09/2022			
Date of registra	tion of transfe	er (Date Month	Year): 21/12/20	22		
Type of transfer	e: Equi	ty				
(1-Equity, 2- Pre	eference share	es, 3 – Debentu	res, 4 – Stock)			
Number of sha	res/ debentur	es/units transfe	erred: 150			
Amount per sha	re/debenture	/ unit (in Rs.):	1,000			
Ledger Folio of	Transferor:	02				
Transferor's N	lame	Chandra		-	Shray	
		Surname	Middl	e name	First name	
Ledger folio of t	ransferee:	03				
Transferee's N	lame	Kini Surname		adish e name	Anushree First name	
Date of registra	tion of transfe	er (Date Month	Year):			
Type of transfer	::					
(1-Equity, 2- Pre	eference share	es, 3 – Debentu	res, 4 – Stock)			
Number of sha	res/ debentur	es/units transfe	erred:			
Amount per sha	re/debenture	/ unit (in Rs.):				
Ledger Folio of	Transferor:					

Transferor's Name			
	Surname	Middle name	First name
Ledger folio of transfe	ree:		
Transferee's Name			
	Surname	Middle name	First name

iv) Debentures (Outstanding as at the end of financial year)

Particulars	Number of units	Nominal value per Unit	Total value
Non-convertible debentures	0	0	0
Partly convertible debentures	0	0	0
Fully convertible debentures	0	0	0
		Total	0

Details of debentures:

Class of debentures	Outstanding as at the beginning of the year	Increase during the year	Decrease during the year	Outstanding as at the end of the year
Non-Convertible Debentures	0	0	0	0
Partly Convertible Debentures	0	0	0	0
Fully Convertible Debentures	0	0	0	0

v) Securities (other than shares and debentures): 0

Type of securities	Number of securities	Nominal value of each unit	Total Nominal Value	Paid up value of each unit	Total paid up value
Total					

V. Turnover and net worth of the company (as defined in the Companies Act, 2013)

 (i)
 Turnover:
 Rs.15,62,25,000

 (ii)
 Net worth of the Company:
 Rs. -1,00,37,300

VI. (a) SHARE HOLDING PATTERN (Promoters)

SI		Equ	uity	Preference	
No.	Category	Number of shares	Percentage	Number of shares	Percentage
1.	Individual/ Hindu Undivided Family				
	i) Indian	99,625	99.85	0	0
	ii) Non – resident Indian (NRI)	0	0	0	0
	iii) Foreign national (other than NRI)	0	0	0	0
2.	Government				
	i) Central Government	0	0	0	0
	ii) State Government	0	0	0	0

	Total	99,625	100	0	0
10	Others	0	0	0	0
9	Body Corporate (not mentioned above)	0	0	0	0
8	Venture Capital	0	0	0	0
7	Mutual Funds	0	0	0	0
6	Foreign Institutional Investors	0	0	0	0
5	Financial Institutions	0	0	0	0
4	Banks	0	0	0	0
3	Insurance Companies	0	0	0	0
	iii) Government Companies	0	0	0	0

Total Number of shareholders (promoters): 1

(b) SHARE HOLDING PATTERN – Public/ Other than promoters

SI		Equ	uity	Preference	
No.	Category	Number of shares	Percentage	Number of shares	Percentage
1.	Individual/ Hindu Undivided Family				
	i) Indian	150	0.15	0	0
	ii) Non – resident Indian (NRI)	0	0	0	0
	iii) Foreign national (other than NRI)	0	0	0	0
2.	Government				
	i) Central Government	0	0	0	0
	ii) State Government	0	0	0	0
	iii) Government Companies	0	0	0	0
3	Insurance Companies	0	0	0	0
4	Banks	0	0	0	0
5	Financial Institutions	0	0	0	0
6	Foreign Institutional Investors	0	0	0	0
7	Mutual Funds	0	0	0	0
8	Venture Capital	0	0	0	0
9	Body Corporate (not mentioned above)	0	0	0	0
10	Others:	0	0	0	0
	Total	0	0	0	0

Total number of shareholders (Other than promoters):	1	
Total number of shareholders (Promoters + Public/Other	than promoters):	2

VII. NUMBER OF PROMOTERS, MEMBERS, DEBENTURE HOLDERS

(Details, Promoters, Members (Other than promoters), Debenture Holders)

Details	At the beginning of the year	At the end of the year
Promoters	2	1
Members (Other than Promoters)	0	1
Debenture Holders	0	0

VIII. DETAILS OF DIRECTORS AND KEY MANAGERIAL PERSONNEL

(A) Composition of Board of Directors

	Category	Number of Directors at the beginning of the year		Number of Directors at the end of the year		Percentage of shares held by Directors as at the end of the year	
		Executive	Non- Executive	Executive	Non- Executive	Executive	Non- Executive
Α.	Promoter	1	0	1	0	99.85	0
В.	Non – Promoter	0	1	0	1	0	0.15
(i)	Non-Independent	0	1	0	1	0	0.15
(ii)	Independent	0	0	0	0	0	0
C.	Nominee Directors Representing	0	0	0	0	0	0
(i)	Banks & Fl's	0	0	0	0	0	0
(ii)	Investing institutions	0	0	0	0	0	0
(iii)	Government	0	0	0	0	0	0
(iv)	Small Shareholders	0	0	0	0	0	0
(v)	Others	0	0	0	0	0	0
	Total	1	1	1	1	99.85	0.15

Number of Directors and Key Managerial personnel (who is not a Director) as on financial year end date: 2

(B) (i) Details of Directors and Key managerial personnel as on the closure of financial year

	Name	DIN/PAN	Designation	Number of shares held	Date of cessation (after closure of financial year: if any)
	JANHAVI NILEKANI	00281663	Whole-time Director	99,625	-
Al	NUSHREE JAGADISH KINI	09343856	Director	150	-

(ii) Particulars of change in Directors and Key Managerial personnel during the year: 1

Name	DIN/PAN	Designation at the beginning / during the financial year	Date of appointment / Change in designation/ Cessation	Nature of change (Appointment/Change in Designation / Cessation)
ANUSHREE JAGADISH KINI	09343856	Director	30/09/2022	Change in Designation

IX. MEETINGS OF MEMBERS/CLASS OF MEMBERS/BOARD/COMMITTEES OF THE BOARD OF DIRECTORS

A. MEMBERS/CLASS / REQUISITIONED / NCLT/COURT CONVENED MEETING:

Number of meetings held: 1

		Total Number of	Attendance		
Type of meeting	Date of meeting	Members entitled to attend meeting	Number of members attended	% of total shareholding	
Annual General Meeting	30/09/2022	2	2	100	

B. BOARD MEETINGS:

Number of Meetings held: 2

		Total No. of Directors on	Attendance		
S. No.	Date of meeting	the Date of Meeting	No. of Directors	% of	
		the Date of Meeting	attended	Attendance	
1.	26/09/2022	2	2	100	
2	13/03/2023	2	2	100	

C. COMMITTEE MEETINGS:

Number of Committee meetings held: 0

	Type of	Date of	Total No. of Members as	Attendance		
S. No.	Type of Meeting	meeting	on the Date of Meeting	No. of Members attended	% of Attendance	
1						

D. ATTENDANCE OF DIRECTORS

ט	•	ATTENDANCE OF DIREC	10113						
			Board of Meetings			Committee Meetings (Taking all the Committee Meetings together of which a Director is a member			
	SI. No.	Name of the Director	No of Meeting which the director was entitled to attend	Number of meetings attended	% of attenda nce	No of Meeting which the director was entitled to attend	Number of meetings attended	% of attendan ce	Whether attended AGM held on (Y/N/NA)
	1.	JANHAVI NILEKANI	2	2	100	0	0	0	
	2.	ANUSHREE JAGADISH KINI	2	2	100	0	0	0	

REMUNERATION OF DIRECTORS AND KEY MANAGERIAL PERSONNEL- X Nil

Number of Managing Director, Whole-Time Director and/or Manager whose remuneration details to be entered:

S. No.	Name	Designation	Gross Salary	Stock Option/ Sweat Equity	Total Amount
1.					
	Total				

Number of CEO, CFO, and Company Secretary whose remuneration details to be entered:

S. No.	Name	Designation	Gross Salary	Commission	Stock Option/ Sweat Equity	Others	Total Amount
1.							
	Total						

Number of other Directors whose remuneration details to be entered: 0

S. No.	Name	Designation	Gross Salary	Stock Option/ Sweat Equity	Others	Total Amount
1.						
	Total					

х.	MATTERS RELA	TED TO CERTIFICAT	TION OF COMPLIA	ANCES AND DISCLO	OSURE	
		e company has mad act, 2013 during the			espect of applical	ble provisions of the
	B. If No, Give re	asons / observation	าร			
XI.	PENALTIES ANI	D PUNISHMENT DE	TAILS THEREOF:			
	(A) DETAILS OF F	PENALTIES / PUNISH	IMENT IMPOSED	ON COMPANY / DI	RECTORS / OFFICE	ERS:
Cor	Name of the npany/Directors/ Officers	Name of the court/concerned Authority	Date of order	Name of the Act and section under which penalized / punished	Details of penalty / punishment	Details of appeal (if any) including present status
	(B) DETAILS OF C	COMPOUNDING OF	OFFENCES: X	NIL		
Co	Name of the mpany/Directors/ Officers	Name of the court/concerned Authority	Date of order	Name of the Act and section under which penalized / punished	Particulars of offence	Amount of compounding (in Rupees)
XII.	Yes	lete list of sharehol No DF SUB-SECTION(2)				chment:
	Crore rupees or m					more or turnover of nnual return in Form
Nam	ie:					
Whe	ther Fellow or Ass	ociate:	○ Associate	Fellow		
Certi	ificate of practice r	number:				
We	certify that: (a) The return s correctly and		they stood on t	the date of the cl	losure of the fina	incial year aforesaid
		wise expressly stat		-	is Return, the Co	mpany has complied

- (c) The company has not, since the date of the closure of the last financial year with reference to which the last return was submitted or in the case of a first return since the date of the incorporation of the company, issued any invitation to the public to subscribe for any securities of the company.
- (d) Where the annual return discloses the fact that the number of members, (except in case of a one person company), of the company exceeds two hundred, the excess consists wholly of persons who under second proviso to clause (ii) of sub-section (68) of section 2 of the Act are not to be included in reckoning the number of two hundred XIV.

_			- •		
Dec	ıa	ra	tı	n	n

I am authorized by the Board of Directors of the Company vide resolution No.		dated	
(DD/MM/YYYY) to sign this form and declare that all the requirements of the	e Companies <i>i</i>	Act, 201	3 and the rules
made thereunder in respect of the subject matter of this form and matters in	cidental there	to have	been compiled
with. I further declare that:			

- 1. Whatever is stated in this form and in the attachments thereto is true, correct and complete and no information material to the subject matter of this form has been suppressed or concealed and is as per the original records maintained by the company.
- 2. All the required attachments have been completely and legibly attached to this form.

Note: Attention is also drawn to the provisions of Section 447, section 448 and 449 of the Companies Act, 2013 which provide for punishment for fraud, punishment for false statement and punishment for false evidence respectively

To be digitally signed by			
Director			
DIN of the Director			
To be digitally signed by			
O Company Secretary			
O Company Secretary in	practice	_	
Membership Number		Certificate of Practice Number	

LIST OF SHAREHOLDERS AS ON 31ST MARCH, 2023

SI. No	Name	Father's/Husband Name	Folio Number	Number of Shares Held	Amount Per Share (Rs.)
1.	Dr. Janhavi Nilekani	W/o Shray Chandra	01	99,625	1,000
2.	Ms. Anushree Jagadish Kini	W/o. Pavandeep Singh	03	150	1,000
			Total	99,775	